



# The Launceston Preparatory School

Truth and Happiness

## School Regulations

Children are expected to wear correct school uniform as prescribed. The wearing of a school uniform enhances pride and a sense of school community.

We therefore expect our students to comply with the following regulations:

1. Students' hair must be cut in a style that avoids the extremes of changing trends. The excessive use of gel, wax and other such hair products is not accepted.

Students' hair should be either kept short (above the collar) or be tied back (with or without plain ribbons of school colour) if it reaches beyond the collar.

2. Jewellery must never be worn with school uniform. Plain ear-studs are permitted if students' ears are pierced. Neat analogue display watches are preferred.
3. For the safety of each child we expect the school sun-hat to be worn outdoors during Terms 1 and 4.
4. Sunglasses should not be worn at school – they can be dangerous if broken or dislodged in physical activities.
5. In keeping with our aim to promote a healthy life, children are only permitted to drink water at school. Students must bring a drink flask full of water each day. Children must bring their drink flasks to all Sport and Physical Education sessions. Students are given opportunities during the day to re-fill their flask with clean water where necessary. The Launceston Preparatory School encourages students to be responsible for their own belongings and their own health and wellbeing, reminding them regularly to bring a flask of water to school each day. In the event that a student does not bring a drink flask to school, the student is provided with a large cup of water to drink at morning tea times, to be refilled and consumed at lunch.

Student lunchboxes must include at least one piece of **fresh** fruit or vegetable each day. Student lunchboxes and drink flasks are checked by a teacher at the conclusion of the lunch eating session to ensure students have eaten sufficient fresh fruit or vegetables, other lunchbox items and have drunk enough water for the day.

### **Related Information:**

[School Rules](#)

[Excursion Policy](#)

[SunSmart Policy](#)